

## **Local Food**

### Action: Support the production and consumption of healthy, local food.

DESCRIPTION OF ACTION	Expand Devens' capacity to produce and distribute healthy and local food, especially to youth and low-income residents.
CHAMPION	Devens Enterprise Commission

IMPLEMENTATION STEPS	PLANNING CONSIDERATIONS	
	Timeframe <sup>1</sup>	Key Partners
Promote and expand farms in the region through preservation of viable farmland, zoning for local food production and sales, incentives, and development resources	Medium/ Ongoing	<ul> <li>Northeast Organic Farming Association</li> <li>Nashoba Valley Chamber of Commerce</li> <li>Surrounding town Farmer's Markets</li> <li>Dick's Market Garden</li> <li>Montachusett Regional Planning Commission</li> <li>Surrounding communities</li> </ul>
Facilitate smoother distribution channels between local farms and local food vendors and schools	Short	<ul> <li>Little Leaf Farms</li> <li>Local restaurants</li> <li>Schools</li> <li>Local farms</li> <li>Local farmers markets</li> </ul>
Expand the farmers market through more diverse offerings, additional locations or dates, and more advertisement	Short	<ul> <li>Little Leaf Farm</li> <li>Neighboring towns</li> <li>SNAP, HIP, WIC</li> <li>Local farms</li> <li>Local farmers markets (Groton, Harvard, etc.)</li> </ul>
Develop community gardens in neighborhoods and other community gathering spaces	Short	<ul><li>Schools</li><li>Prisons</li><li>Shriver Job Corps</li><li>U.S. Army</li></ul>
Launch an educational campaign about the importance of healthy food and available places to acquire it, with a focus on youth and low-income residents	Short	<ul> <li>Schools</li> <li>Dragonfly Wellness Center</li> <li>Transitions at Devens</li> <li>MassDevelopment</li> <li>Department of Public Health</li> <li>Nashoba Associated Boards of Health</li> </ul>

<sup>1</sup> Short = less than 1 year; Medium = 1-3 years; Long = 4-5 years

#### **FUNDING RESOURCES**

- Matching Enterprise Grants for Agriculture Program
- USDA Farm to School Grant Program
- Buy Local Grant Program
- Massachusetts Food Trust Program
- USDA Agricultural Marketing Service

#### **LINKS TO OTHER PLANS & ACTIONS**

# How does this action connect to other Devens goals?

- Protects and enhances the quality of life of the citizens in the community and the region
- Relevant STAR Objectives: GHG Mitigation, Green Market Development, Community Health, Food Access & Nutrition, Working Lands
- Relevant LEED Credits: Green Spaces, Compact, Mixed Use and Transit Oriented Development, Distributional Equity

#### **MEASURING SUCCESS**

## How can we measure the progress and success of this action?

#### **Outputs**

- Smoother food distribution channels
- Farmer's market expansion
- Educational campaign

#### **Outcomes**

- Lower rates of obesity and chronic illness
- # of farms in the region
- # weekly visitors to Devens Farmers Market
- # of establishments/institutions sourcing food from local farms

#### **TECHNICAL RESOURCES**

- Massachusetts Food Policy Council
- MassGrown
- Municipal Food Systems Planning Toolkit for MAPC Communities
- NOFA's Beginning Farmers Resources
- USDA Agricultural Marketing Service

#### **EQUITY CONSIDERATIONS**

# How can the community incorporate equity into the implementation of this action?

- Prioritizing access to healthy food for low-income residents and youth
- Financial assistance for healthy food
- Provide transportation to and from the farmers market for those with limited mobility

#### **ENGAGING THE COMMUNITY**

# How can we engage the populations that benefit from implementing this action?

- Education in schools about where their food comes from and the benefits of healthy food
- Suggestion box at the farmers market about what additional food customers would like to see
- Information at restaurants and other food vendors about the source of their food
- Case studies showing sustainability practices (growing operations/technology, rainwater harvesting, pollinator plantings, etc.)